



Do not miss the opportunity to attend these exciting eight days in New York as a great start to your high school experience in the USA!

PREPARATION COURSE: NEW YORK



Would you like to prepare for your exciting high school experience in the USA? Have you ever taken a boat cruise around Manhattan? Have you even swum in the Atlantic Ocean at Jones Beach outside New York? Do you want to see the grand Empire State Building in New York? Do you want to play American Baseball? Would you like to walk through the famous lights of Times Square? How about some shopping in the trendiest neighbor hoods of New York? Would you like to meet friends from all over the world?

What better way to prepare for your high school exchange in the USA than to spend eight days in the city that never sleeps? At the STS Preparation Course students from all over the world get together to prepare for their time in the USA. Leaders and staff take care of you from your first step on American ground until you travel on and meet your host family for the first time. At the course together we learn about "the American way of living" and how to deal with new situations. To experience New York City with your new friends will be a real highlight.

WHERE?

Our base is at a University on Long Island, outside New York. You stay together with friends in dorm rooms and with access to most facilities around campus. The classes and sports are run by your STS leaders and American instructors throughout the day. This combined with excursions make the program intensive but also fun and exciting at the same time.

THE COURSE

The Preparation Course is based on combining teaching, sports, activities and support from leaders to help you get a smooth start to your high school exchange. All leaders and staff have been studying and/or working in the USA and are very well aware of what you will experience.

The leaders will talk about their own personal experiences and give you good insight in what to expect from your stay in the

USA. The subjects vary from the challenges of being an exchange student to the positive aspects of studying and spending time abroad. You will also learn about US History, the Government and US today.

Do not miss the opportunity to attend these exciting eight days as the best start of your high school experience! Both leaders and friends will give you inspiration and support useful to you. Since its start in 1994 the course has been very popular and contributed to successful exchanges in the USA for students attending. Often friendships from the Preparation Course last for a lifetime!

See you in New York!

STS PREPARATION COURSE NEW YORK - SCHEDULE -

- DAY 1** Arrivals.
- DAY 2** Welcome meeting. Get to know the campus area. American Sports.
- DAY 3** New York excursion. Times Square, sights & shopping. Evening boat cruise around Manhattan.
- DAY 4** New York excursion. Sights & shopping. Movie night.
- DAY 5** Class discussion: Life as foreign students in the USA. American Sports.
- DAY 6** Lecture on US History, Government and US today. Beach Excursion on Long Island.
- DAY 7** Class discussion: Preparation and pep-talk on aspects of being an exchange student. Show & farewell party.
- DAY 8** Departures.

